

# Thinking of Others Teachers Notes

## This links in with the Be Considerate of Others principle of Leave No Trace

Ireland's natural environment provides important spaces for leisure and recreation and there are many groups that enjoy using it. Some of the most popular users include mountain bikers, walkers, hikers, horse riders, anglers and dog walkers. With so many people using Ireland's natural environment it is important to be considerate of others so that everyone can enjoy the outdoors equally. Many industries are also dependant on our natural environment; farming, fishing and tourism are all key industries in Ireland that rely on the quality of our environments.

### Aoife's Tips.....

We can be considerate of others in many different ways:

#### Let the sounds of nature be heard

Birds singing, leaves rustling, the wind blowing through the trees; these are all sounds you hear in nature. When you are in the outdoors, you can be considerate of others by using headphones when listening to music, keeping your mobile phone on silent and avoiding shouting and singing loudly.

#### Respect Property

A few people destroying signs or making a mess can cause all of us to lose out on access to green spaces. Farmers and private land owners often allow people on their land as long as people take care of it. We can be considerate of others by closing gates after us, taking our rubbish with us and respecting farm animals.

#### Consider the effects of our footsteps on different surfaces

We saw how our footsteps can have different impacts on different surfaces. By sticking to trails and using durable surfaces we can leave fewer marks on the landscape and leave areas unspoiled for the next visitors to enjoy.

#### Leave what we find

By leaving what we find we are passing on the joy of discovery to others. We can be considerate by taking only memories, photographs and stories with us.

#### Dispose of litter properly

Litter is not only unsightly but it can also be dangerous to wildlife. By making sure to bring our rubbish home with us or popping it in the nearest bin, we ensure future visitors enjoy Ireland's natural environment just as much as we do!

### Fionn Fact!

Over 24,000 people visit the Wicklow Way every year. This includes walkers, runners, cyclists, campers and wildlife enthusiasts!

For more information on the Be Considerate of Others principle  
and the other Leave No Trace principles visit:

[www.leavenotraceireland.org](http://www.leavenotraceireland.org)

